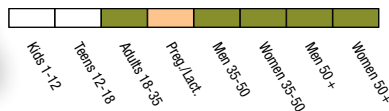




Ginkgo-PS™



ITEM# 126
AUST L 134630

Ginkgo-PS™ is a combination of *Ginkgo biloba* extract with lecithin, rich in phosphatidylserine (PS) which may assist in the maintenance of peripheral blood circulation.

USANA's **Ginkgo-PS** combines two powerful ingredients to assist in the maintenance or improvement of well-being. The herb *Ginkgo biloba* has been used for thousands of years in traditional Chinese medicine and is in wide use today as it has a number of beneficial properties that may assist in the maintenance of peripheral circulation.

Ginkgo extract contains a mix of bioflavonoids, which provide antioxidant activity. Its most important role, however, is in the maintenance of blood circulation throughout the body. The ginkgolides and bilobalides in Ginkgo extract promote blood circulation.

Phosphatidylserine (PS)

Phosphatidylserine, or PS, is derived from lecithin, which is found in every cell of the body and is essential to proper cell function in general. PS also increases the fluidity of the membrane and improves the entry of nutrients and the exit of wastes in the cell.¹

Over 25 human clinical studies have been done on PS, including at least 12 double-blind placebo-controlled trials.²⁻⁴

PS can be obtained in very small amounts from foods like fish, rice, soy products, and leafy green vegetables. Soy lecithin, one of the best sources of PS, contains only 0.4% PS. It would take 6250 mg of concentrated soy lecithin to provide the same amount of PS as one tablet of **Ginkgo-PS**.

Why Ginkgo-PS™?

USANA is the only major manufacturer to combine *Ginkgo biloba* and phosphatidylserine-enriched

lecithin into a single product. The high quality of our Ginkgo extract and the combination with PS gives **Ginkgo-PS** clear advantages.

USANA uses only standardised *Ginkgo biloba* extract containing a minimum of 24% ginkgo flavonglycosides and 6% ginkgolides and bilobalides for consistent potency.

Ginkgo-PS is laboratory tested, potency guaranteed. Meets British Pharmacopoeia specifications for uniformity, and disintegration where applicable.

Using Ginkgo-PS™

Take four (4) **Ginkgo-PS** tablets daily, preferably two (2) in the morning and two (2) in the evening with meals.

EACH TABLET CONTAINS:	
GINKGO BILOBA EXTRACT	1.25 g
EQUIV DRY LEAF	
STANDARDISED TO	
GINKGOFLAVONGLYCOSIDES	6 mg
GINKGOLIDES AND BILOBALIDES	1.5 mg
LECITHIN	125 mg

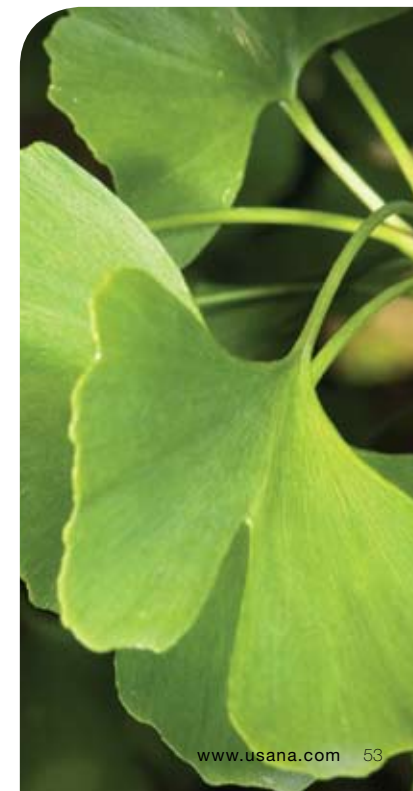
Contains sugar.

USANA
HEALTH SCIENCES

Optimizers
Micronutrition

Ginkgo-PS™

- Combines standardised, high-potency Ginkgo biloba extract, plus phosphatidylserine
- Helps to maintain healthy peripheral blood circulation
- Contains phosphatidylserine (PS)



References

1. Toffano, G, Battistella, A and P. Orlando. Clin. Trials. J. 1987; 24: 18-24.
2. Crook, Psychopharmacol Bul. 1992. 28:61-66.
3. Crook, Neurology, 1991. 41:644-49.
4. Crook, T and Badderly, B, The Memory Cure, 1998. Pocket Books: New York. pp.64-69.

USE ONLY AS DIRECTED. ALWAYS READ THE LABEL.