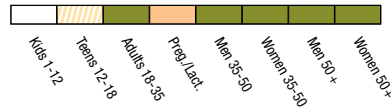




# Proflavanol® & Proflavanol® 90 Extra Strength



ITEM# 132  
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Why do Mediterranean people, especially the French, live longer while indulging in rich, high-fat diets?

The mystery of the French paradox is being solved. One answer lies in the compounds used to produce those famous French wines: bioflavanols. The best known source of flavanols is from grapes.<sup>14</sup> These potent chemicals with antioxidant properties protect the French from their indulgences, and now they are available to you.<sup>5</sup>

## The Fight Against Free Radicals

Everyone now realises the detrimental effects of today's environment. One of the best ways to help us live healthy lives is to give our bodies the proper weapons and shields from our environment. Free radicals have become a devastating enemy to our health. Antioxidants are the weapons that provide the electrons which neutralise these free radicals.<sup>6,7</sup>

## The Search for Potent Antioxidants

The most well-known antioxidants today are vitamin C, vitamin E, and beta-carotene. However, the search continues for other natural compounds with important antioxidant activity. The focus of USANA's research effort is to provide the body with all the dietary antioxidants necessary for every site in the human cell.

Coupled with our exclusively formulated **Poly C™**, with which it works synergistically, these strong free-radical warriors provide you with another weapon needed in the fight for a healthy and productive life.<sup>8,9</sup>

You need all that nature has provided to help you maintain your health. **Proflavanol** is a key component in your antioxidant arsenal. There are more than 20,000 bioflavonoids and bioflavanols identified today with differing degrees of antioxidant activity. Procyanidins (flavanols) appear to be some of the most powerful free-radical scavengers yet discovered. Procyanidins are found in many types of foods, but in extremely small amounts.

Some of the highest concentrations of procyanidins are found in grape seeds. The extract from grape seeds has received extensive examination and laboratory testing, and has undergone clinical trials in Europe.

## Why Proflavanol® & Proflavanol® 90 Extra Strength?

Procyanidins have been promoted for their free-radical scavenger activity. This has been well documented in scientific literature.<sup>10,15</sup> They have been shown to help maintain healthy vascular function,<sup>11,12</sup> and most importantly they protect LDL from oxidation, both in vitro<sup>13</sup> and in vivo.<sup>14</sup>

USANA doesn't use just any grape seed extract. In-house testing methods have been developed to evaluate the polyphenolic (procyanidin) content of the extract. Antioxidant activity of the extract is also tested by specially designed antioxidant screens to ensure that you are getting the most potent grape seed extracts available.

Regular strength **Proflavanol** contains the equivalent of 3.6 g of grape seed while triple strength **Proflavanol 90 Extra Strength** contains the equivalent of 10.8 g of grape seed. Both offer superior antioxidant protection in a strength that's right for you.

**Proflavanol** and **Proflavanol 90 Extra Strength** are laboratory tested, quality guaranteed. Meets British Pharmacopoeia specifications for potency, uniformity, and disintegration where applicable.

## Using Proflavanol® & Proflavanol® 90 Extra Strength

Adults, take two (2) to four (4) **Proflavanol** tablets daily, preferably with meals.

| EACH TABLET CONTAINS:  |         |
|--|---------|
| VITIS VINIFERA (GRAPE) EXTRACT EQUIVALENT TO DRY SEED  | 3.6 g   |
| CONTAINS PROCYANIDINS (OF VITIS VINIFERA)  | 24.5 mg |
| VITAMIN C (FROM CALCIUM ASCORBATE 62.9 mg; POTASSIUM ASCORBATE 42.8 mg; MAGNESIUM ASCORBATE MONOHYDRATE 18.9 mg; ZINC ASCORBATE 1.26 mg) | 100 mg  |

Adults, take one (1) to three (3) **Proflavanol 90 Extra Strength** tablets daily, preferably with meals.

| EACH TABLET CONTAINS:   |        |
|---|--------|
| VITIS VINIFERA (GRAPE) EXTRACT EQUIVALENT TO DRY SEED   | 10.8 g |
| STANDARDISED TO PROCYANIDINS (OF VITIS VINIFERA)  | 74 mg  |
| VITAMIN C (FROM CALCIUM ASCORBATE 188 mg; POTASSIUM ASCORBATE 127 mg; MAGNESIUM ASCORBATE MONOHYDRATE 56 mg; ZINC ASCORBATE 3.7 mg) | 300 mg |

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**Vitamin supplements should not replace a balanced diet.**

USE ONLY AS DIRECTED. ALWAYS READ THE LABEL.

\*IF SYMPTOMS PERSIST SEE YOUR HEALTH CARE PRACTITIONER.

NOT TO BE USED IN CHILDREN UNDER TWO YEARS OF AGE WITHOUT MEDICAL ADVICE.



Optimizers  
Micronutrition

## Proflavanol® & Proflavanol® 90 Extra Strength

- Provides a potent antioxidant formula based on a synergistic combination of grape seed bioflavonoids and **Poly C™**
- Furnishes broad-spectrum health benefits and extra protection against free radical damage
- Helps in relieving symptoms of colds\*



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