



- Supports healthy liver function and normal detoxification processes
- Provides a unique blend of antioxidants
- Helps maintain general health and well-being



WITH PATENTED



ITEM# 135

**RECOMMENDED DOSE:** TAKE 3 TABLETS DAILY, PREFERABLY WITH MEALS. / **DOSE RECOMMANDÉE:** PRENDRE 3 COMPRIMÉS PAR JOUR, DE PRÉFÉRENCE EN MANGEANT.

<b>EACH TABLET CONTAINS:</b>		<b>CHAQUE COMPRIMÉ CONTIENT :</b>	
<b>MEDICINAL INGREDIENTS:</b>		<b>INGRÉDIENTS MÉDICINAUX :</b>	
BETAINE	300 mg	BETAINE	
MILK THISTLE EXTRACT (80% SILYMARIN)	80 mg	EXTRAIT DE CHARDON-MARIE (80 % SILYMARINE)	
N-ACETYL-L-CYSTEINE	50 mg	N-ACÉTYL-L-CYSTEINE	
ALPHA-LIPOIC ACID	40 mg	ACIDE ALPHA-LIPOÏQUE	
BROCCOLI CONCENTRATE	25 mg	CONCENTRÉ DE BROCOLI	
GREEN TEA EXTRACT	15 mg	EXTRAIT DE THÉ VERT	
OLIVE FRUIT EXTRACT*	15 mg	EXTRAIT D'OLIVE*	
TURMERIC EXTRACT	15 mg	EXTRAIT DE CURCUMA	
<b>NON-MEDICINAL INGREDIENTS:</b> MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL CELLULOSE, ASCORBYL PALMITATE, SILICON DIOXIDE, DEXTRIN, CROSCARMELLOSE SODIUM, DEXTROSE, LECITHIN, SODIUM CITRATE. / <b>INGRÉDIENTS NON MÉDICINAUX :</b> CELLULOSE MICROCRYSTALLINE, HYDROXYPROPYLCELLULOSE, PALMITATE D'ASCORBYLE, OXYDE DE SILICUM, DEXTRINE, CROSCARMELLOSE SODIQUE, DEXTROSE, LÉCITHINE, CITRATE DE SODIUM.			
<b>LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY AND DISINTEGRATION WHERE APPLICABLE. / TESTÉ EN LABORATOIRE, QUALITÉ GARANTIE. CONFORME AUX NORMES USP DE CONCENTRATION, D'HOMOGÉNÉITÉ ET DE DESINTEGRATION, LE CAS ÉCHEANT.</b>			

The liver is the body's second largest organ and the largest gland. Everything we eat, breathe, and absorb through our skin is filtered through the liver, which performs many complex functions crucial for life. It manufactures many important blood proteins; assists in the conversion of fats, amino acids, vitamins, and minerals into more usable forms; makes important structural components, including cell membrane compounds; filters toxins from blood; and stores many vitamins and minerals, including iron and B12. HEPA PLUS™ was formulated to provide a unique blend of antioxidants to help support healthy liver function.

### MILK-THISTLE EXTRACT

Used as a natural remedy to support liver health for more than 2,000 years, milk thistle is used by the liver to protect against oxidative stress. Additionally, it stimulates liver detoxification pathways and has strong antioxidant properties thought to help strengthen and protect liver cells.<sup>1,2</sup>

As an antioxidant, milk thistle helps increase the amount and the activity of several antioxidant enzyme systems that are involved in the detoxification process, such as SOD and the glutathione peroxidase system.<sup>1-5</sup>

### ALPHA LIPOIC ACID

Alpha lipoic acid is easily transported across cell membranes to provide support to the important enzymes both inside and outside the cell. Because it is both water- and oil-soluble, it is thought to help regenerate both water- and oil-soluble antioxidants. Also, as a metal-chelating agent, it may assist in removing some heavy metals from the body.<sup>6</sup>

### TURMERIC EXTRACT

Turmeric, the powdered root of the plant *Curcuma longa L.*, is a member of the ginger family native to India and Southeast Asia. It contains curcumin and related compounds known as curcuminoids, which have significant antioxidant properties.<sup>7-10</sup>

### BETAINE

Betaine, also known as trimethylglycine, assists in hepatic methylation to support chemical processes important to healthy liver function.<sup>11</sup>

### N-ACETYL-L-CYSTEINE

N-acetyl-L-cysteine is an essential precursor for glutathione. Glutathione is an important antioxidant that scavenges free radicals inside and outside the cell and promotes detoxification. Its extra-cellular activity helps protect the liver from free radicals and toxins.<sup>12</sup>

### WHY HEPA PLUS™?

The unique formulation of HEPA PLUS helps to combat oxidative stress in the liver with a powerful blend of antioxidants, including green-tea extract and broccoli concentrate. It also includes USANA's patented Olivol™ for more complete antioxidant support. With 240 mg of high-quality, highly bioavailable milk-thistle extract, HEPA PLUS provides comprehensive support for the liver.

### References

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